

W

TEMPLE AVENUE

TO CAL POLY POMONA

E

RESERVOIR HILL

Long grinding hill

MT. SAC CROSS COUNTRY COURSE MAP

AIRSTRIPE

VIP PARKING LOT R

TUNNEL TO PARKING LOT F

STADIUM ENTRANCE

CONCESSIONS

TICKETS

CAUNTLIT

FINISH CHUTE

FIELD HOUSE

start picking up pace

Full sprint

All downhill or flat remaining

POOP OUT HILL

Small downhill

1

VALLEY LOOP

SWITCHBACKS

Long uphill

Flat & fast

1 MILE →
2 MILE →
2 MILE COURSE MAP
6th, 7th and 8th Grade

rest of course is up