

## **WE BELIEVE...**

*All students have a right to a quality and rigorous education.*

*All students have a right to a safe and supportive learning environment.*

*All students have a right to services that support academic, career, and personal/social growth.*

*All students have the right to be heard and treated with dignity and respect.*

*All students have the right to a credentialed school counselor who collaborates with other educators, families, and the community as an advocate for student success.*

### **School Counseling Guidance Curriculum**

Middle school students are transitioning from elementary into the rigor of high school. School counselors work to prepare them for Bullying Awareness Education, Promotion Criteria, Organizational, Study & Test-Taking Strategies, Career Exploration and Developing an Academic Plan.

#### **Principal**

Barry Zeait  
Barry.zeait@smusd.org

#### **Assistant Principals**

Cheryl Sestito (A-K)  
Cheryl.sestito@smusd.org

Lisann Selph (L-Z)  
Lisann.selph@smusd.org

#### **Counseling Department**

Celena Breining (A-F)  
Celena.breining@smusd.org

Nicholas Vega (G-M)  
Nicholas.vega@smusd.org

Caroline O'Connor (N-Z)  
Caroline.o'connor@smusd.org

Kathie Gillet, Registrar  
Kathie.gillet@smusd.org

Diana Cavanaugh, Data Tech.  
Diana.cavanaugh@smusd.org

#### **School Psychologists**

Tiffany Gerondale  
Tiffany.gerondale@smusd.org

Ezra Fernandez  
Ezra.fernandez@smusd.org

#### **School Social Worker**

Yesenia Diaz  
Yesenia.diaz-chavez@smusd.org

**HOME OF THE  
GOLDEN EAGLES**

## **San Elijo Middle School**

### **School Counseling Program**



*"We inspire student excellence through complexity, collaboration, and character."*



**SAN MARCOS**  
UNIFIED SCHOOL DISTRICT

**engaging students...inspiring futures**



**SAN MARCOS**  
UNIFIED SCHOOL DISTRICT  
*enaaina students...inspirina futures*

## **SMUSD School Counseling Mission Statement**

The mission of the San Marcos Unified School District Counseling Program is to support quality education and to ensure every student in the district is prepared with the knowledge, attitudes and skills needed in Academic, Career and Personal/Social development to become a responsible member of a global society.

### **Student Services**

**Counseling**– Counselors are available for academic, career, individual, and crisis/ intervention counseling.

**Conflict Resolution**– Counselors assist students in mediations and teaching strategies on how to resolve future problems.

**Support Groups**– Students meet once a week with an adult facilitator to address academic and personal/social issues. Students may self-refer or be recommended by a teacher, parent or counselor.

**Parent /Teacher Conferences**– Counselors participate in parent/teacher conference as needed.

**Response To Intervention (RTI)**- Counselors coordinate and assist in development of interventions for students with teachers and parents. This process is utilized only when all other classroom interventions have been unsuccessful.

**California Junior Scholastic Federation (CJSF)**- CJSF prepares the student for CSF in high school. Students who are members for at least 3 semesters in the 7th and 8th grades will receive a gold seal on their promotion certificate. There's an application window at the beginning of each semester. Visit [www.csf-cjsf.org](http://www.csf-cjsf.org) for more information.

### **Counseling Programs**

- ◆ Career Goal Planning
- ◆ CJSF
- ◆ Connections Group
- ◆ Innovative Mindset Group
- ◆ Keys to Success Group
- ◆ Unplugged
- ◆ Wellness Group



**@SEMSEagles**



### **San Elijo Middle School PTO**



Visit us online at [www.sanelijomiddle.org](http://www.sanelijomiddle.org) or scan this QR Code with your smart phone to learn more about our programs and services.